#### VALUES AND BELIEFS

PRN for Families<sup>™</sup> supports the following values and beliefs underlying similar, well established preservation and reunification programs:

- Safety of clients, therapists and community is paramount.
- It is in the best interests of the child to be raised in his/her family environment whenever possible.
- We are most effective when we work in partnership with our clients.
- People are doing the best they can based on learned behaviors, experiences and environmental factors.
- A crisis is an opportunity for people to change.
- We are accountable to our clients and ourselves for service quality.
- It is important to reduce barriers to services by being accessible and flexible, and taking the service into families' homes.

Source: Homebuilders Standards, Institute for Family Development

## PROGRAM COMMITMENT

These standards are developed to allow for the greatest flexibility while maintaining the highest level of integrity.

- Services are customized to meet the specific needs of the family
- Staff is available 24 hours a day, 7 days a week
- Services are available and provided on evenings and weekends
- Staff has small caseload (4-6 families)
- Preservation/Reunification services are generally delivered in the home and by means of advanced technology, telecommunication, and electronic mail



#### TARGET POPULATION

PRN for Families<sup>TM</sup> is offered nationwide and specializes in custom designed in-home alternative or aftercare services for your family.

Preservation Services for Adolescents and Families Experiencing:

- Lack of effective family resources
- Behaviors beyond parental control
- Differences in parenting approaches
- Psychological/psychiatric problems
- Depressive traits and low self-esteem
- Drug/alcohol experimentation/abuse
- Learning problems/lack of social skills
- Poor decision making/impulsive behavior
- Breakdown in family communication with unsuccessful therapeutic results

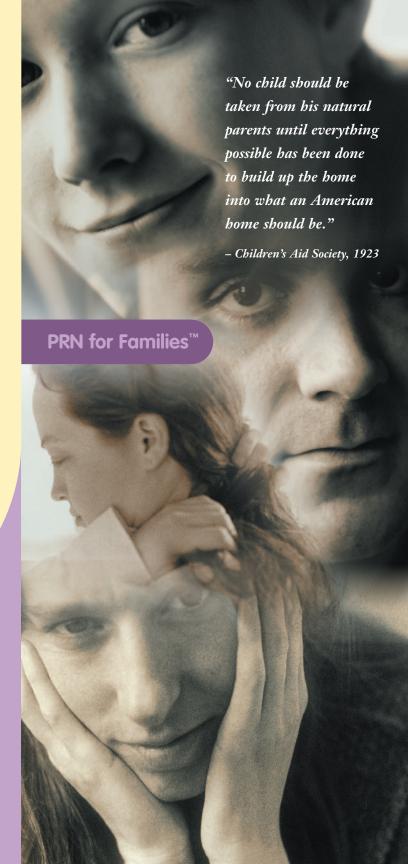
#### Reunification Services for Families Who Have:

- Parents interested in retaining gains made in other treatment programs or placements
- Adolescents who have completed or withdrawn from a short-term therapeutic intervention or a long-term residential treatment program



PRN for Families P.O. Box 6282 Snowmass Village, CO 81615

1-888-762-5973 (Tollfree) celias@prnforfamilies.com



# **PRN for Families**

PRN for Families<sup>TM</sup> is pleased to present the Family Preservation, Reunification and Networking model of services. We pride ourselves in developing customized service plans to preserve healthy families. We collaborate with schools, programs, and educational consultants who may choose to refer their families for aftercare services to ensure the smoothest transition home. Our mission is to reach out to families in their own homes in order to empower family members with the tools, resources and support they need to safely stay together. The provision of these services is available to any eligible child and family system in the United States.

#### PROGRAM SERVICES

## **Assessment Phase**

The assessment phase of the program is designed as an initial outreach to the family in order to lay the ground work, gather information and engage the family in an ongoing collaborative process of assessing family strengths, values, and problems. The process typically evolves over a five or six day period in the family's own home. Specific goals and objectives are developed as a result of this process.

## **Intervention Phase**

The intervention phase of the program is marked by intensive delivery of services to the family in their own home. The frequency, length and intensity of these services is customized based on the family needs assessment and specific goals, objectives and desired outcomes. Services may provided directly or through a referral to a local provider and may include, but are not limited to, any of the following:

- Parenting strategies
- Love & Logic curriculum
- Communication skills training
- Behavior management techniques
- Emancipation/life skills training
- School interventions
- Relapse prevention
- Case management
- Concrete and advocacy services

## **Resolution Phase**

The resolution phase of the program provides continued support and resources through means of telephone and email to help resolve any problems or issues that may arise following the intervention level of services. During this phase, families are continually monitored with respect to their progress, functioning and safety for up to one year following the intervention. At any time during this period, families may request supplemental services, further support or merely reassurance.

Emancipation services are also available for individuals transitioning into an independent living situation.

#### PROGRAM BENEFITS

Family preservation/reunification services similar to PRN for Families<sup>TM</sup> have been widely used, replicated, and studied for nearly three decades. There is general agreement that these services:

- Have an excellent record of child safety and keeping families together
- Provide a wide array of services with emphasis on building skills
- Improve family functioning
- Have shown a significant positive effect on risk factors within the family
- Have shown that 80-90% of children at imminent risk of out-of-home placement are able to remain safely in the home
- Are cost-effective when compared to out-of-home placement costs

Source: National Family Preservation Network/Institute for Family Development

## **Charles Elias**

Charles Elias has been actively working with children, youth and families in Colorado and Idaho since 1985. He has been a social services caseworker, mental health crisis worker, substance abuse counselor, adolescent and family therapist, program coordinator and clinical supervisor. Charles has attended the family

preservation training offered by the Homebuilders Program, Institute for Family Development. He has developed a non-profit foster care program and closely worked with the State of Colorado. In 2001, Charles spent three years working as field supervisor/therapist in a wilderness based intervention program in Idaho.

Charles is a native of London, England, and became an American citizen in 2002. He received his bachelors degree in Social Work with a minor in Youth Agency Administration from Colorado State University in Fort Collins, and his master's degree in Social Work from the University of Denver. He holds certification in sex offender counseling, drug/alcohol counseling, and medication administration. He is a member of the National Association of Alcoholism and Drug Abuse Counselors, the National Association of Social Workers, and many local community and civic organizations.

Charles is available immediately to respond to family crises. This is the most opportune time to teach and model the new behavior and skills family members need if they are to stay together.